

MARCH 25, 2004

CIRCULAR NO. 10/04

TO MEMBERS OF THE ASSOCIATION

Dear Member:

**APPROVAL OF PRE-EMPLOYMENT MEDICAL EXAMINATION (PEME) CLINICS IN THE UKRAINE.
IMPENDING APPROVALS IN THE PHILIPPINES.**

A long-standing concern of the Club and its Members has been the employment of seafarers with pre-existing medical conditions and the risk of costly claims which may develop as a result of such illnesses.

In pursuance of the Club's loss prevention commitment to reduce claims related to pre-existing conditions, it has entered agreements with designated clinics in Odessa, Ukraine which are believed to provide quality PEMEs. As part of these arrangements, the Club has specified particular tests to make up the American Club Minimum Medical Test as attached.

All Members employing Ukrainian seafarers on vessels entered with the Club are encouraged to request manning agents to have the PEMEs performed at one of these approved facilities.

Club-approved PEME clinics in the Ukraine

1. **Academmarine Medical Centre**, Odessa National Marine Academy, 10, Malovskogo Street, Odessa, Ukraine; Tel/Fax: +38 048 7280692, 7324488, Director: Mr. Igor Strelnikov, mobile: +38 067 484 34 46
2. **Archimed-T Medical Centre**, 42, Kanatnaya Street, Odessa 65014, Ukraine; Tel/Fax: +38 0482 253459, E-mail: olga@tekom.odessa.ua, Director: Mrs. Olga Tyutyunik
3. **Medmarine Centre**, 8, Tenistaya Street, Odessa, Ukraine; Telephone: +38 0482 606239, Tel/Fax: +38 0482 343484, Director: Mr. Rostislav Surmyak
4. **Zdorovye Medical Centre**, 40, Chernomorskogo Kazachestva Street, Odessa, Ukraine; Tel/Fax: +38 0482 377427, Director; Dr. Ludmila Kuchmiy

The Managers will monitor the effectiveness of PEMEs performed at the Club's approved clinics. Clinics can be added or deleted from the list depending on their performance.

Impending approval of PEME clinics in the Philippines

The Club is also in the final stages of approving PEME clinics in Manila, the Philippines.

As part of this developing initiative, the Club invites its Members using Filipino crews to notify their own manning agents that there will be a Club reception in Manila on Wednesday, April 28, 2004 at the Makati Shangri-La at 7:00 pm. Members are encouraged in their manning agents to attend this event.

Further information

For further information regarding the Club's PEME clinic approval program, please contact Dr. William Moore, Vice President, Loss Prevention and Technical Services for Shipowners Claims Bureau, Inc. at +1 212 847 4542 or wmoore@american-club.net.

Yours faithfully,
Joseph E.M. Hughes, Chairman & CEO
Shipowners Claims Bureau, Inc., Managers for
THE AMERICAN CLUB

ATTACHMENT TO CIRCULAR 10/04 OF MARCH 25, 2004

**Minimum list of medical tests to be performed to meet the standards of
American Steamship Owners Mutual Protection and Indemnity Association, Inc.**

1. Physical examination
2. Dental exam (including x-ray)
3. Psychological evaluation
4. Visual testing
5. Color vision
 - a. Ishihara
 - b. Bostrom-Kugelber
6. Audiometry
7. Chest x-ray
8. Electrocardiogram
9. Urinalysis
10. Fecalalysis
11. Complete blood count
12. Blood typing
13. Fasting blood sugar (FBS)
14. Hepatitis Bs antigen
15. Erythrocyt sedimentation rate (ESR)
16. Venereal disease research laboratory (VDRL)
17. Stress test
18. Gall and kidney stones.