



JULY 8, 2019

CIRCULAR NO. 23/19

TO MEMBERS OF THE ASSOCIATION

Dear Member:

LOSS PREVENTION: HEAT-RELATED ILLNESSES

The American Club has recently experienced an increase in illness claims related to heat exposure. In order to supply a loss prevention response to this trend, the Club has worked with Wise Health Inc. Seafarer Outreach to produce podcasts and written guidance to enhance seafarers' awareness of measures to prevent such illnesses.

The podcasts describe heat-related illnesses, discuss proactive measures to prevent them and also share personal experiences in reinforcement of the basic message.

Heat-Related Illnesses: Loss Prevention and Awareness recaps and summarizes the types of heat-related illnesses and their symptoms in order to detect and prevent them.

The podcasts and written guidance can be found on the Club's website at:

<https://www.american-club.com/page/seafarer-wellness>

Members can also access the corresponding advisory videos on the Club's [YouTube channel](#).

For further information, Members are invited to contact Ms. Danielle Centeno, Assistant Vice President--Loss Prevention & Survey Compliance, at danielle.centeno@american-club.com or Dr. William Moore, Senior Vice President at william.moore@american-club.com.

Yours faithfully,


Joseph E. M. Hughes, Chairman & CEO
Shipowners Claims Bureau, Inc. Managers for
THE AMERICAN CLUB