

MEMBER ALERT



Shipowners Claims Bureau, Inc., Manager
One Battery Park Plaza 31st Fl., New York, NY 10004 USA
Tel: +1 212 847 4500
Fax: +1 212 847 4599

<https://www.american-club.com>

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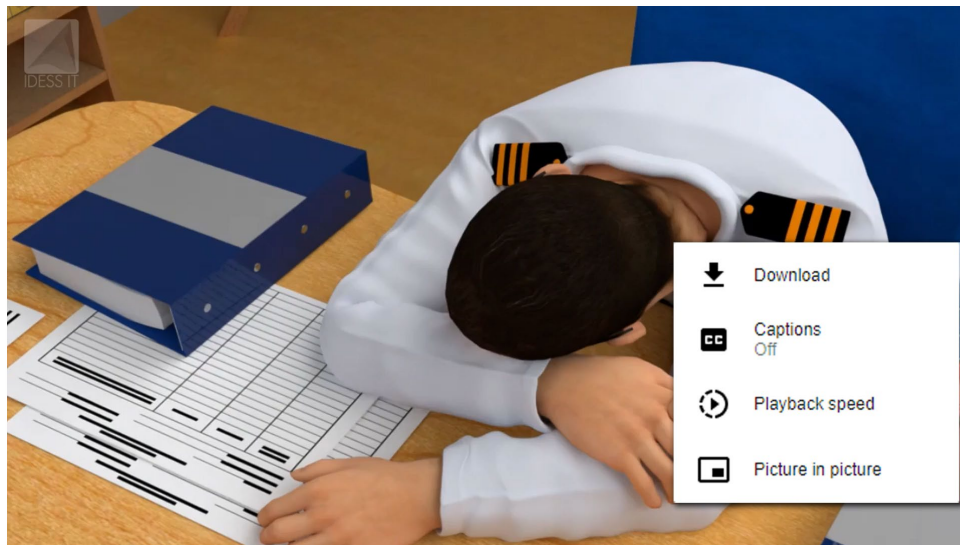
GOOD CATCH UPDATE: ANIMATIONS – *HUMAN FACTORS: FATIGUE*

Managing fatigue is an important element of safety in the workplace. This is particularly true for seafarers who both live and work in the same environment and are exposed to varying working conditions that can affect their physical and mental wellness.

In this context, your Managers are pleased to present the latest animation instalment of the Club's *Good Catch* initiative:

- [*Human Factors: Fatigue*](#) available in English, new and traditional Mandarin.

To access the Mandarin translations, click on the three vertical dots in the lower right-hand corner of the screen. A box, as seen in the example below, will appear. Click on “Captions” and the options for the translations will appear.



As a reminder, all *Good Catch* alerts and animations are posted at the Club's website at:

https://www.american-club.com/page/good_catch

Please also note that the publication, *Preventing Fatigue*, is found in [English](#), [new](#) and [traditional](#) Mandarin, and the poster, *Take Control of Fatigue*, is found in [English](#), [new](#) and [traditional](#) Mandarin and [Spanish](#). Copies of both the publication and poster are free to Members upon request at lp@american-club.com.

Your Managers recommend that Members take note of this information and be guided accordingly.